

Our Lady of Lourdes Catholic Kindergarten

Whole Day Class Menu

Whole Day Class Menu in September 2025

Day	Tea Break (A.M / P.M.)	Lunch	Soup	Fruits	Tea Break (Whole Day Class)
3/9 (Wed)	Egg Sandwich / Fruit	Rice With Hairy Gourd Diced Pork	Tomato Potato Soup with Pork Rib	Fruits	Fruits / Vegan Cup
4/9 (Thu)	Corn Cup / Fruits	Mushroom Sauce Procedures With Rice And Pork	Alphabet Soup with vegetables	Fruits	Blueberries Pancake
5/9 (Fri)	Tomato Twisty Pasta	Mushroom And Chicken Rice	Pork Rib Soup with Vegetables	Fruits	Tuna Sauce With Biscuits
8/9 (Mon)	Boiled Egg/ Fruit	Pasta Bolognese		Fruits	Baked Sliced Potatos
9/9 (Tue)	Biscuits/ Vegan Salad	Rice with Minced Pork and Soybean Curd	Apple Pork Rib Soup	Fruits	Corn Cup
10/9 (Wed)	Bread/ Fruit	Rice with Chicken, Mushroom and Carrot	Vegetables & Pork Rip Soup	Fruits	Fruits And Vegan Cup
11/9 (Thu)	Sweet Potato/ Fruit	Stir-Fried Vermicelli with Egg and Beef	Sweet Corn and Diced Pork Soup	Fruits	Egg Salad With Biscuits
12/9 (Fri)	Cereal With Low-Sugar Milk	Stir-Fried Chicken Fillet with Broccoli Served with White Rice	Hairy Gourd and Lean Pork Boiled Soup	Fruits	Boiled Egg
15/9 (Mon)	Boiled Egg/ Fruits	Potato And Chicken Wings With Rice	Pork Rib Soup with Onion & Potato	Fruits	Banana Pancake
16/9 (Tue)	Biscuits/ Vegan Salad	Congee with corn & pork / Fired Udon		Fruits	Sweet Potato
17/9 (Wed)	Egg Sandwich/ Fruit	Stir-Fried Udon with Shredded Chicken and Mixed Vegetables	Pork Ribs Soup with Carrot and Sweet Corn		Fruits And Vegan Cup
18/9 (Thu)	Corn Cup / Fruits	Crab Willows And Corn Soup Rice Noodles		Fruits	Boiled Egg
19/9 (Fri)	Cereal With Low-Sugar Soy Milk	Steamed Rice With Mushroom And Minced Pork	Seasonal Vegetables Soup	Fruits	Biscuits
22/9 (Mon)	Boiled Egg/ Fruit	Rice with tomato scrambled eggs minced pork	Pork Rib Soup With Vegetables	Fruits	Corn Cup
23/9 (Tue)	Biscuits/ Vegan Salad	Yangzhou Fried Rice	Apple and Pork Rib Soup	Fruits	Sweet Potato
24/9 (Wed)	Bread/ Fruit	Pan-Fried Chicken Wings With Vegetables And Rice	Corn Soup	Fruits	Fruits And Vegan Cup
25/9 (Thu)	Birthday Party	Spaghetti with Salmon in Tomato Purée Sauce		Fruits	Boiled Egg
26/9 (Fri)	Tomato Twisty Pasta	Rice With Pan-Fried Chicken And Mixed Mushroom	Seaweed And Egg Soup	Fruits	Egg Salad With Biscuits
29/9 (Mon)	Boiled Egg/ Vegan Salad	Pasta Bolognese	Pork Rib Soup with Onion & Potato	Fruits	Corn Cup
30/9 (Tue)	Biscuits/ Fruits	Mushroom and Diced Meat Rice	Hairy Gourd and Lean Pork Boiled Soup	Fruits	Sweet Potato

*Remark:

1. 25th September, 2025 Birthday Party Tea Break: Marinated Chicken Wings in Master Stock , Pandan Cake and Fruit